

“George Washington rode here”

February 2006

## Groundhogs and Meteorologists agree....

Its going to get cold! So don't wait until that first nice spring day to get that tune-up you've been planning. If you take your bike to your mechanic now, you won't miss it because you probably wouldn't be riding anyway. And your mechanic will have time to do the job right, and if he has to wait for delivery of a needed part, that's no problem. And come that first fine spring day, you'll have a nice, clean and safe machine ready to ride. Isn't that better than taking it down to the shop this spring and hearing 'well, we've got 14 bikes ahead of you – we can probably have it for you in a couple of weeks'? And while you're at it, ask the mechanic to check any carbon fiber components (see next article). We've provided a list of local bike stores on page 3.



## Trek issues warning on carbon fiber components

Trek has recently issued a warning about carbon fiber. Trek advises damaged carbon fiber parts “usually will not bend, bulge or deform; they break.” So if you have experienced a crash or banged up your bike in any way, be sure to check the carbon fiber parts carefully. Any deep scratches or cracks, or any loose fibers may indicate a part that could fail without warning. Also pay attention to any unusual noises or changes in handling, or if your polish rag snags anywhere it shouldn't, get it inspected immediately. A handlebar, stem, or fork failing as you're descending Wayson's hill at 25 or 30 miles per hour could certainly ruin your day!

## Ride your bike, live to be 92

John Sinibaldi, a U.S. Olympic cyclist in the 1932 and 1936 Olympics passed away January 10 in St.Petersburg, Florida. Born in 1913, he rode in various competitions for 75 years, winning his last national championship for his age group last September. His record for 100 kilometers on a single geared bike stood for nearly 50 years. So if you're interested in living long and staying healthy while you're doing that, think about him. Ask Judy Ashby about him – they've met while riding. And we wish him the best in the “Giro di Cielo”.

## Route 2 Improvements



Saturday morning riders are very familiar with traffic on Route 2 in South County. Although we seldom ride on Route 2 for any great distance, we often have to cross it. And that is becoming more and more difficult each year. But some small improvements are underway, and others may be coming, although not as fast as we might hope. The work on Brick Church Road at Route 2 is nearly complete, and Brick Church is open again. Recently, the Annapolis Capital reported on a meeting between local residents and the State Highway Administration. The biggest improvement discussed would be a traffic light at Harwood Road. Other improvements would include lane changes and added acceleration lanes at Owensville-Sudley Road, warning signs at Polling House Road, and deleting some passing zones and modifying others. The good news was that signs and rearrangement of lanes could be done quickly. The bad news was that it may be as much as three years before funding can be found for the major improvements. For full details, see the Annapolis Capital, for Thursday, January 12<sup>th</sup>, 2006.

# Tailwind

**Annapolis Bicycle Club**  
**P.O. Box 224**  
**Annapolis, MD 21404**

<http://www.annapolisbicycleclub.org/>

The Annapolis Bicycle Club is a not-for-profit membership organization dedicated to the interests of recreational cycling enthusiasts. Our interests are recreation, exercise, safety and camaraderie. We don't pollute or block traffic and we encourage cyclists to adhere to traffic laws.

The Annapolis Bicycle Club is affiliated with the League of American Bicyclists.

Members and prospective members are encouraged to call any of our officers to answer any questions and obtain information about Club activities.

**President** – Nancy Waddington  
[pres@annapolisbicycleclub.org](mailto:pres@annapolisbicycleclub.org)  
410-798-4193

**VP** – Jim Claffey  
[vp@annapolisbicycleclub.org](mailto:vp@annapolisbicycleclub.org)  
410-956-5219

**Treasurer** – Joe Galvagna  
[members@annapolisbicycleclub.org](mailto:members@annapolisbicycleclub.org)  
410-267-0569

**Secretary** – Susan Rensted  
[Secretary@annapolisbicycleclub.org](mailto:Secretary@annapolisbicycleclub.org)  
410-431-7268

## Saturday Rides

*Please **check** with a buddy to verify the ride in the winter months*

March – May; September – December 9:00 AM

June – August – 8:00 AM

January & February – 10:00 AM

**Davidsonville Rides** – Multiple rides; speeds from 14 – 20+ mph.  
35+ mile rides

Meet at the Davidsonville Park 'n Ride, Routes 424 & 50 for rides to Deal, Galesville and around South Anne Arundel County.

## Winter Rides

Yes, there are some who ride in the winter. On a nice day, you'll find them out there. But please, call a buddy to ensure you'll have someone to ride with before venturing out. Most of our regular rides are either not going, or only going occasionally during the cold, snowy months. And anyone who knows where to obtain tire chains for a 700 x 24 tire, please contact me before it snows at [vp@annapolisbicycleclub.org](mailto:vp@annapolisbicycleclub.org)!

## March 2006 Meeting

The next club meeting will be March 21<sup>st</sup>, 2006. It will be held at the Holy Grounds building of the Community Center (see below for location, or check [www.annapolisbicycleclub.org](http://www.annapolisbicycleclub.org) for a map).

## Annapolis Bicycle Club Activities

- **Tuesday & Thursday mornings** - Meet at Charlie's at 10 a.m., call for directions - 410-841-6269. *Call first to verify the ride.*
- **Membership meetings** with programs on bicycle topics in the Holy Grounds building of The Community Center. The address is the intersection of Evergreen Road at Baltimore Annapolis Blvd in Severna Park. These meetings will begin again in March.
- **Special event rides** and other bicycle related social activities
- **Group participation** in regional bicycling events

# Tailwind

## Local Bicycle Shops

If you are not familiar with the area, here's a compilation of some local bike shops. (note to the bike stores – if we missed you, let us know and we'll list you in a subsequent issue.)

<b>Annapolis</b>	Bike Doctor	150 P Jennifer Road	410-266-7383
	Capital Bicycle Inc	436 Chinquapin Round Road	410-626-2197
	Cycleworks at Ski Haus	Route 50	410-757-6446
	Hudson Trail Outfitters	Annapolis Mall	410-266-8390
<b>Arnold</b>	Bike Doctor	953 Ritchie Highway	410-544-3532
<b>Bowie</b>	A & M Cycle	13002 9 <sup>th</sup> Street	301-262-4343
<b>College Park</b>	College Park Bicycle	4360 Knox Road	301-864-2211
<b>Crofton</b>	Bike Doctor	1312 Main Chapel Way	410-451-6901
	Family Bike Shop	1286 Route 3 South	301-261-3618
<b>Davidsonville</b>	George's Bicycle Service	1556 Patuxent Manor Court	410-798-5607
<b>Laurel</b>	Laurel Bicycle Center	14805 Baltimore Avenue	301-490-7744
<b>Millersville</b>	Champion Cycle	752 North Mesa Road	410-729-0653
<b>Severna Park</b>	Pedal Pushers Bicycle Shop	546 Baltimore Annapolis Blvd	410-544-2323
<b>Severn</b>	Chesapeake Bmx	750 Donaldson Avenue	410-969-5177
<b>Stevensville</b>	Bike Doctor	350 Thompson Creek Rd	410-604-6096
	Happy Trail Bicycle Shop	111 Cockney Lane	410-643-0670

### ABC cyclists will be riding:

Bike Florida ([www.bikeflorida.org](http://www.bikeflorida.org))

Tour de Chesapeake VIII ([www.bikevirginia.org](http://www.bikevirginia.org))

Great Peanut Bicycle Tour ([www.greatpeanuttour.com](http://www.greatpeanuttour.com))

Michigan Ramble (<http://www.bicycleadventureclub.org>)

Seagull Century ([www.seagullcentury.org](http://www.seagullcentury.org))

### We should be thinking about:

Bike Virginia ([www.bikevirginia.org](http://www.bikevirginia.org))

Cycle Across Maryland (<http://www.onelesscar.org>)

Bike Annapolis Ride for Shelter(<http://www.rideforshelter.com>)

### How long was that ride? – great new web site!

Check out [www.mapmyrun.com](http://www.mapmyrun.com). It will provide a Google map of the area you are interested in, and as you trace your route, it provides the accumulated mileage. It's great for checking out a possible ride before you ever get the bike out – you could even use it to prepare a preliminary queue sheet without ever leaving your house. Or use it to figure out just how far you rode when you forgot to set your computer. It got 15.6 miles from the Davidsonville Park and Ride to Galesville via Wayson's backwards, so it's pretty accurate.



# Tailwind

## Membership Application and Renewal Form

In consideration of accepting application for membership and being permitted to participate in any way in the activities of the Annapolis Bicycle Club, ("ABC"), I/WE, for myself/ourselves, my/our personal representatives, assigns, heirs and next of kin:

1. ACKNOWLEDGE, agree and represent that I/we understand the nature of Bicycling Activities and that I/we am/are qualified, in good health, and in proper physical condition to participate in such activities. I/we further acknowledge that certain of the activities will be conducted over public roads and facilities open to the public during the activities and upon which the hazards of traveling are to be expected. I/we further agree and warrant that if at any time I/we believe conditions to be unsafe, I/we will immediately discontinue further participation in the activity.

2. FULLY UNDERSTAND that (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("RISKS"); (b) these Risks and dangers may be caused by my/our own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "RELEASEES" named below, (c) there may be other risks and social and economic losses either not known to me/us or not readily foreseeable at this time; and I/we fully accept and assume all such

risks and all responsibility for losses, costs and damages I/we incur as a result on my participation in the activities of ABC.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE ABC, their administrators, directors, agents, officers, volunteers, and employees, other participants, and sponsors, advertisers, and, if applicable, owners and lessors of premises on which activities take place, (each considered one of the RELEASEES herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the RELEASEES or otherwise, including negligent rescue operations; and I/we further agree that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I/we, or anyone on my/our behalf, makes a claim against any of the RELEASEES, I/we will indemnify, save, and hold harmless each of the RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I/we have read this agreement, fully understand its terms, understand that I/we have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect

TYPE OF MEMBERSHIP (Check one and circle fee)

FAMILY = Annual Fee: \$18 email newsletter, \$28 US mail newsletter  
SINGLE – Annual Fee: \$10 email newsletter, \$20 US mail newsletter

NAMES AND SIGNATURES OF APPLICANTS OVER AGE 18:

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_  
Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_  
Address \_\_\_\_\_ City, State \_\_\_\_\_ ZIP \_\_\_\_\_  
email Address \_\_\_\_\_ Phone \_\_\_\_\_

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P. O. Box 224  
Annapolis, MD 21404