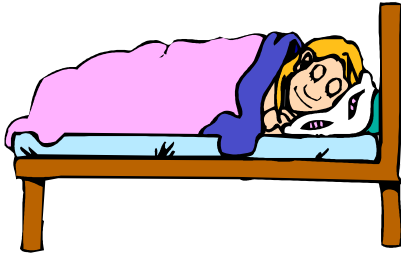


Tailwind



"We ride to eat!"

September 2007



Saturday Morning Rides Start At 9 AM!

Beginning Saturday, 1 September, the Saturday morning rides from the Davidsonville Park and Ride will start at 9 AM. So all you sleepyheads can get an extra hour of shuteye and still have no excuse for not making it to the starting line on time!

Reprise: Helmets

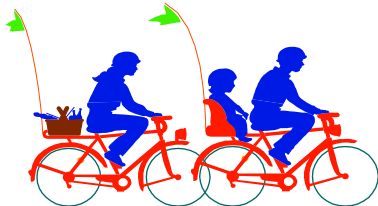
Last month's Tailwind carried a note about a cyclist whose helmet saved his life when a Jeep ran over his head. Now your editor can show a cracked helmet which (along with an Irish skull) has enabled him to continue riding, after a serious 'off-road' excursion. The message is clear – ***'Don't ride without your helmet - ever!'***



Bike Banquets

There's a new option for snacks in Galesville, where the Saturday rides often pause for eats, drinks, and porta-potties. The new place is HomePort, located a bit closer to the water than the traditional stop, but on the same side of the road. Next time you're in Galesville and need some Gatorade, check them out.

Centuries, Centuries, Centuries...



You've spent all summer getting in shape, and now is your chance to prove it! One of the things that distinguishes a serious cyclist is that they've ridden a century – one hundred miles in one day!

And, it's not as difficult as it sounds, especially when you've got plenty of willing and knowledgeable support. Now's the time of the year for you to get out there and cap off a season's riding by doing something that's fun, healthy, and that you can brag about all winter long!

[September 1, Bay Country Century](#)

[September 2, Save-A-Limb Ride](#)

[September 7-9, Great Peanut Tour](#)

[September 8, Amish Country Bike Tour](#)

[September 8, Civil War Century](#)

[September 9, Shenandoah Valley Century](#)

[September 15, St Michael's Historic Century](#)

[September 15, Maryland Wine Festival Asthma Ride](#)

[September 28 - 30, RiverRide](#)

[September 29, Susquehanna Valley Rally](#)

[October 6, Seagull Century](#)

[October 14, Davidsonville Pedal and Poker](#)

Active Annapolis

Finally, if that's not enough exercise, check out www.activeannapolis.com It's a new site with links to local interesting, healthy activities. Biking, hiking, kayaking, canoing: its all there – and the site will grow!

Tailwind

Easton/Oxford/St Michael's a Success!

Last Sunday turned out to be a beautiful day for a ride! We got a good look at some Chesapeake Bay log canoes under sail as we crossed the Tred Avon River, and had a great lunch in St. Michael's – all for a little less than 30 miles of easy riding on beautiful roads. Don't miss this one next year!



Seagull Century – where do I stay?



One problem with the Seagull is the question of rooms overnight. You can drive from Annapolis that morning, and drive home that night, but you're going to be one tired cyclist if you do. And you'll find that nearly all motels and hotels in the area tend to sell out well ahead of time. ABC member George Clinton reports that you may be able to get space at a gym in Salisbury at a very economical rate. The Salvation Army rents the gym and you can contact them at 410 749-7771. You'll need a sleeping bag or cot. They have showers and coffee and snacks. If you use Map Quest, use 407 Oak Street as the address – the 'real' address gets you to where you can see it, but can't get to it.

Race Across America

Think the Tour de France is tough? Wait 'till you see the Race Across America! It starts on the West Coast, and discussions underway may put the finish line on General's Highway, right near Annapolis Mall!

Bicycle Advocacy

(Looks like we're winning a few!)

Dump at Town Point: Back in February the club sent a letter to County Executive John Leopold, asking him to restrict the development of the dump at Town Point, just south of Deale. We pointed out that many of the roads in the area are much used by cyclists, and that the expansion of the dump would result in heavy truck traffic on very narrow, twisting roads. The result would have been to make some of the most desirable riding roads in the area very dangerous, and likely restricted our use of the popular run to North Beach via Leitch, Fairhaven, and Town Point roads. On August 7th the Annapolis Capital reported that in response to constituent outcry the expansion of this dump will be severely restricted, and the truck traffic should not increase much, if at all.

Free Wheelin' Annapolis: Back in May the Tailwind reported on the new *Free Wheelin' Annapolis* program being set up by the Annapolis city government. Bikes are made available at the Harbormaster's office near the City Docks, and people can borrow them for riding around town. Tourists use the facility to avoid having to search for multiple parking spaces, and boaters appreciate the option as well. Much as it has been in Paris and other European and U.S. Cities, it has been a great success here. **So**, if you find a great buy on a new bike or some other equipment, here's a great way to get rid of your old hardware. Give Ms. Hyman a call at the Annapolis Department of Transportation (410 263-7964 X107) and see about donating it to a great cause. And, it's tax deductible!

Baltimore-Annapolis Trail: There's a dangerous, high-speed tight turn on the trail near the Dixon Aircraft Observation Area which is often covered with loose sand. It's caused many bad falls, and needs improvement. A Boy Scout from troop 769 in Odenton has selected this area as his project to qualify for Eagle. Since the improvement will require some materials, he's gotten a donation from the Baltimore Bike Club, and your bike club sent him a check for \$50.00 to help it along. If that saves one of our members from a trip to the emergency room, it'll be money well spent.

Tailwind

Annapolis Bicycle Club
P.O. Box 224
Annapolis, MD 21404

<http://www.annapolisbicycleclub.org/>

The Annapolis Bicycle Club is a not-for-profit membership organization dedicated to the interests of recreational cycling enthusiasts. Our interests are recreation, exercise, safety and camaraderie. We don't pollute or block traffic and we encourage cyclists to adhere to traffic laws.

The Annapolis Bicycle Club is affiliated with the League of American Bicyclists.

Members and prospective members are encouraged to call any of our officers to answer any questions and obtain information about Club activities.

President – Nancy Waddington
[president](mailto:president@annapolisbicycleclub.org) at
annapolisbicycleclub.org
410-353-2887

VP – Jim Claffey
[vicepresident](mailto:vicepresident@annapolisbicycleclub.org) at
annapolisbicycleclub.org
410-956-5219

Secretary – Treasurer
Vivian Foley
[secretary](mailto:secretary@annapolisbicycleclub.org) at
annapolisbicycleclub.org

Newsletter/Webmaster
Leon Frank

Saturday Rides

Please **check** with a buddy to verify the ride in the winter months

March – May; September – December 9:00 AM

June – August – 8:00 AM

January & February – 10:00 AM

Davidsonville Rides – Multiple rides; speeds from 13 – 20+ mph.
35+ mile rides

Meet at the Davidsonville Park 'n Ride, Routes 424 & 50 for rides to Deale, Galesville and around South Anne Arundel County.

Summer Rides

With summer weather, rides will usually go. But remember, changeable weather may cancel a ride. So call and check with your buddies to be sure you'll have company. Don't give up because of a small possibility of rain, but don't be foolish either – wet roads can be slippery and dangerous, especially after a long dry spell. And if the temperature and humidity is in the high 90's, it's especially important to check with a ride leader, and then be careful not over exert. And, be sure to keep hydrated!

Annapolis Bicycle Club Activities

- Tuesday morning - Meet at Charlie's at 10 AM, call for directions - 410-841-6269. *Call first to verify the ride.*
- **Occasional Membership meetings** with programs on bicycle topics. To be announced in the newsletter and on the web site.
- **Special event rides** and other bicycle related social activities
- **Group participation** in regional bicycling events

Tailwind

Membership Application and Renewal Form

In consideration of accepting application for membership and being permitted to participate in any way in the activities of the Annapolis Bicycle Club, ("ABC"), I/WE, for myself/ourselves, my/our personal representatives, assigns, heirs and next of kin:

1. ACKNOWLEDGE, agree and represent that I/we understand the nature of Bicycling Activities and that I/we am/are qualified, in good health, and in proper physical condition to participate in such activities. I/we further acknowledge that certain of the activities will be conducted over public roads and facilities open to the public during the activities and upon which the hazards of traveling are to be expected. I/we further agree and warrant that if at any time I/we believe conditions to be unsafe, I/we will immediately discontinue further participation in the activity.

2. FULLY UNDERSTAND that (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("RISKS"); (b) these Risks and dangers may be caused by my/our own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "RELEASEES" named below, (c) there may be other risks and social and economic losses either not known to me/us or not readily foreseeable at this time; and I/we fully accept and assume all such

risks and all responsibility for losses, costs and damages I/we incur as a result on my participation in the activities of ABC.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE ABC, their administrators, directors, agents, officers, volunteers, and employees, other participants, and sponsors, advertisers, and, if applicable, owners and lessors of premises on which activities take place, (each considered one of the RELEASEES herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the RELEASEES or otherwise, including negligent rescue operations; and I/we further agree that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I/we, or anyone on my/our behalf, makes a claim against any of the RELEASEES, I/we will indemnify, save, and hold harmless each of the RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I/we have read this agreement, fully understand its terms, understand that I/we have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect

TYPE OF MEMBERSHIP (Check one and circle fee)

FAMILY = Annual Fee: \$18 email newsletter, \$28 US mail newsletter
SINGLE – Annual Fee: \$10 email newsletter, \$20 US mail newsletter

NAMES AND SIGNATURES OF APPLICANTS OVER AGE 18:

Name _____ Signature _____ Date _____
Name _____ Signature _____ Date _____
Address _____ City, State _____ ZIP _____
email Address _____ Phone _____

Annapolis Bicycle Club
P. O. Box 224
Annapolis, MD 21404