

"George Washington rode here"

September 2008



Saturday, September 6th Morning Rides Start At 9 AM!

Beginning Saturday, 6 September, the Saturday morning rides from the Davidsonville Park and Ride will start at 9 AM. So all you sleepyheads can get an extra hour of shuteye and still have no excuse for not making it to the starting line on time!

Important Elections in November

No, not *those* elections! All offices of the Annapolis Bicycle Club will become vacant in November. If at least some are not filled, there is a very real possibility that the club will be shut down – so think about who you want to lead this club in the next year.



ABC Riders Win at Senior Olympics!

Two ABC riders medaled at the Maryland Senior Olympics in Cambridge, Maryland on Saturday, August 9^{th.} This qualifies them for the Senior Olympics to be held in San Francisco next August. Our winners were:

Tom Swartz: 5k, Gold 10k, Gold David Gordon 5k, Bronze 10k Silver

Congratulations, Guys!

Saturday, October 4th: the Seagull Century!



One of the most celebrated accomplishments for a recreational cyclist, and one that's surprisingly easy to accomplish if properly organized, is to ride 100 miles in one day. And the Seagull Century is one of the best. Sponsored by the Salisbury University Bicycle Club, this is always well run, and we always have some ABC riders there.

There's only one problem – you need to sign up soon! There is a limit on riders, and motels and other accommodations usually sell out that weekend. Go to www.seagullcentury.org to sign up, and lets see lots of ABC jerseys out there this year!

Recycle Old Tubes and Tires

Got some old, flat tubes or worn-out tires laying around? Drop them off at Capital Bicycles at 436 Chinquapin Round Road in Annapolis. They'll see that the tubes and tires stay out of landfills!

Great Riding This Fall!

You've ridden enough to get into shape this summer – now how about doing something that will give you bragging rights all winter? You can tell folks about the day you rode 100 miles on your bike this summer, and it wasn't even that hard! A well-run century is all you need, and check out page two to see over a dozen available. Or, you can just get out and enjoy the great fall weather – it promises to be beautiful this year. And remember – if 100 miles is a little too much, most centuries have options for 25, 50 and 62 miles as well. Hey, 100 kilometers sounds almost as good as 100 miles....



Still Time To Donate Old Bikes

You *should* be riding your bike, but if you've got an old one you're not using it could make a major difference in someone's life. Bikes for the World will be donating at least 9,000 bikes to areas in Africa, Central America and the Caribbean that really need them. But they need your help – or more specifically, your old bike or related bike gear (operational sewing machines would help, too.)

Pedal Pushers bike store at 546 B & A Blvd in Severna Park will be accepting donations up until September 13th. Check at www.bikesfortheworld.org for info, or call Pedal Pushers at 410 544-2323.



Pool Party A Big Success!

Despite a monumental traffic jam on US 50 due to the accident on the Bay Bridge, 25 or so members turned up for a great party at Pinto's. We had beautiful weather for a very interesting ride through Winchester and the Greenbury point and for a wonderful party at a great new pool! And the rain held off until we were about ready to wrap things up, anyway.

Thanks to Pinto and his Family!

Rides This Fall:

- Sunday MTB rides, 8 AM, Beginner, Capital Bicycles Andrew Johnson, 410 626-2197
- Sunday MTB rides, 4 PM, Advanced, Capital Bicycles Andrew Johnson, 410 626-2197
- Monday rides, 6 PM from Bike Doctor, Annapolis 410 266-7383
- Wednesday rides, 5:30 PM, Bike Doctor, Arnold 410 544-3532
- Thursday rides (No Drop), 5 PM, Capital Bicycles Andrew Johnson, 410 626-2197
- Saturday Fun Rides (No Drop), 8 AM, Capital Bicycles Andrew Johnson, 410 626-2197
- Saturday rides, 8 AM Annapolis Bike Club Jim Claffey, 410 956-5219
- Saturday, August 2, 9 AM 6 PM: Bike, Swim, Croquet & Horseshoes (CT) Pat Kirby, 410 643-1542
- September 6, West Wicomico Heritage Ride
- September 6, Amish Country Bike Tour
- September 7, Southern Maryland Century (Indianhead)
- September 13, Skipjack Bike Tour
- September 13, St. Michaels Historic Century
- September 14, Annapolis Ride For Shelter
- September 14, Shenandoah Valley Century
- September 18-22, Battle of the North Valley Hills
- September 20, Southern Maryland Amish 100
- September 20, Nanticoke Bike Tour
- September 20-21, Ride the Heartland Charlotte VA
- September 26-28, RiverRide
- October 4, Tour du Port
- October 4, Legacy Trail Ride (Pittsburg)
- October 11, Flaming Foliage Bike Ride
- October 12, Potomac Heritage Bicycle Tour

CT indicates a Crabtowne Skiers ride. We've been invited to ride with Crabtowne so feel free to call them. Info is available at http://www.crabtowne-skiers.org For all rides, call the number for distances and speeds expected.

MTB indicates mountain bike

Annapolis Bicycle Club P.O. Box 224 Annapolis, MD 21404

http://www.annapolisbicycleclub.org/

The Annapolis Bicycle Club is a not-for-profit membership organization dedicated to the interests of recreational cycling enthusiasts. Our interests are recreation, exercise, safety and camaraderie. We don't pollute or block traffic and we encourage cyclists to adhere to traffic laws.

The Annapolis Bicycle Club is affiliated with the League of American Bicyclists.

Members and prospective members are encouraged to call any of our officers to answer any questions and obtain information about Club activities

President – Jim Claffey president at annapolisbicycleclub.org 410-956-5219

VP

vicepresident at annapolisbicycleclub.org

Secretary – Treasurer secretary at annapolisbicycleclub.org

Newsletter/Webmaster
Jim Claffey
vicepresident at
annapolisbicycleclub.org
410-956-5219

Saturday Rides

Please check with a buddy to verify the ride in the winter months

March - May; September - December 9:00 AM

June – August – 8:00 AM

January & February – 10:00 AM

Davidsonville Rides – Multiple rides; speeds from 13 – 20+ mph. 35+ mile rides

Meet at the Davidsonville Park 'n Ride, Routes 424 & 50 for rides to Deale, Galesville and around South Anne Arundel County.

Fall Rides

With autumn weather, rides will usually go. But remember, changeable weather may cancel a ride. So call and check with your buddies to be sure you'll have company. Don't give up because of a small possibility of rain, but don't be foolish either – wet roads can be slippery and dangerous, especially after a long dry spell. And remember, there are lots of well sagged rides available this time of the year – now's your big chance to try a well-run Century!

Annapolis Bicycle Club Activities

- Tuesday morning Meet at Charlie's at 10 AM, call for directions 410-841-6269. *Call first to verify the ride*.
- Occasional Membership meetings with programs on bicycle topics. To be announced in the newsletter and on the web site.
- **Special event rides** and other bicycle related social activities
- Group participation in regional bicycling events

Membership Application and Renewal Form

In consideration of accepting application for membership and being permitted to participate in any way in the activities of the Annapolis Bicycle Club, ("ABC"), I/WE, for myself/ourselves, my/our personal representatives, assigns, heirs and next of kin:

- 1. ACKNOWLEDGE, agree and represent that I/we understand the nature of Bicycling Activities and that I/we am/are qualified, in good health, and in proper physical condition to participate in such activities. I/we further acknowledge that certain of the activities will be conducted over public roads and facilities open to the public during the activities and upon which 1he hazards of traveling are to be expected. I/we further agree and warrant that if at any time I/we believe conditions to be unsafe, I/we will immediately discontinue further participation in the activity.
- 2. FULLY UNDERSTAND that (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("RISKS"); (b) these Risks and dangers may be caused by my/our own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "RELEASEES" named below, (c) there may be other risks and social and economic losses either not known to me/us or not readily foreseeable at this time; and I/we fully accept and assume all such

risks and all responsibility for losses, costs and damages I/we incur as a result on my participation in the activities of ABC.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE ABC, their administrators, directors, agents, officers, volunteers, and employees, other participants, and sponsors, advertisers, and, if applicable, owners and lessors of premises on which activities take place, (each considered one of the RELEASEES herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the RELEASEES or otherwise, including negligent rescue operations; and I/we further agree that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I/we, or anyone on my/our behalf, makes a claim against any of the RELEASEES, I/we will indemnify, save, and hold harmless each of the RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I/we have read this agreement, fully understand its terms, understand that I/we have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect

TYPE OF MEMBERSHIP (Check one and circle fee)

FAMILY = Annual Fee: \$18 email newsletter, \$28 US mail newsletter SINGLE – Annual Fee: \$10 email newsletter, \$20 US mail newsletter

Membership Year runs from March 1 to February 28. New memberships begun between November 1st and February 28th terminate February and are half price.

NAMES AND SIGNATURES OF APPLICANTS OVER AGE 18:

Name	Signature	Date
Name_	_Signature	_Date
Address	_City, State	_ZIP
email Address	Phone	

Annapolis Bicycle Club

P. O. Box 224

Annapolis, MD 21404