

Tailwind Express

October, 2010



www.annapolisbicycleclub.org



ABC Riders Qualify for National Senior Olympics

ABC Members Tom Swartz and David Gordon participated in the Delaware Senior Olympics on Saturday 18 September, and qualified for the National Senior Olympics in Houston, Texas next June. Tom took first place (Gold) in both the 20K and 40K and David took second in both the 20K and 40K. They'll be trying for both 5K and 10K in October.

ABC Roadside litter cleanup

The ABC often rides on Route 450, and we've adopted a section for a once a year road cleanup. This year's cleanup will be on Sunday, November 7th. You care about the environment, and especially the roads we ride on, come on and help out for a few hours.

Location: Sign Company at intersection of Crownsville Rd. and Md 450

Time: 9:00 AM

Date: November 7th



Wear protective (old) clothing. Trash bags will be provided.. Call Charlie Dodge (410) 841-6269 for more information and to let us know you expect to be there.

Saturday, October 9th: *the Seagull Century!*



This is one of the big events of the year. If you're going, it's possible to drive over, ride, and drive back in one day, but most find that a bit strenuous. If you want a motel, try south of Salisbury, near Princess Anne or below – most motels in the Salisbury or Bethany area will be sold out.

Ride with your friends – If you're looking for a buddy, ABC Seagull riders will meet at the Start Area on Bateman Street between Wayne and South Division at 8:00 am. (Ken's cell# is 202-641-4677). If you would like to car pool to the Seagull, please email Ken: abc_pres@annapolisbicycleclub.org .

Club Meeting

The club will meet for tall tales and elections on November, date and place TBA.

Baltimore is a Bicycle Friendly Community



The League of American Bicyclists announced today that Baltimore was named a **Bronze Level Bicycle Friendly Community!**

Baltimore now joins Philadelphia, Washington DC & Charlotte as a bronze level bike friendly community. Not many have reached this level - Portland is platinum, San Francisco & Seattle are gold, and Chicago & Arlington, VA are silver. That's not many out of the whole country. Now, how about Annapolis? (They're working on it!)

ABC Rider Goes To Camp

Yes, that's an ABC jersey leading the group down the grade. James Edison spent some time Saturday, 8/28 at the Carmichael Training Systems Road Skills Training Camp in Asheville, NC. , and here's his comment on the experience:

“I went to the Carmichael Road Skills Camp last weekend - it was fantastic. Here's a picture of us practicing descents on a 17% grade - Coach Andy is right behind me making sure I'm on track.”



Want New Jerseys?

The club is growing, and there are some of us out there without ABC jerseys.

So, we're thinking of reordering, but it may be time to look at improvements. We're talking with a manufacturer that can provide better quality material, and with two styles - one for men, one for women! They will be more expensive than the current ones, costing \$60 to \$70 each. As usual, the larger the order, the less the cost per jersey.

We'll be looking for suggestions, although they should look much like the current jerseys, so that we'll all (old and new) be recognizable as Annapolis Bicycle Club members. We hope to have some samples at the ride Saturday morning, so get there early.

Rides this Fall (2010)

[Oct 2 - Flaming Foliage Metric - Hazleton PA](#)

[Oct 3 - Tour du Port - Baltimore](#)

[Oct 9 - Seagull Century - Salisbury, MD](#)

[Oct 10 - Potomac Heritage 3rd Annual Bicycle Tour - LaPlata, MD](#)

[Oct 1 - Savage Century - Newark, DE](#)

[Oct 17 - Save-A-Limb Ride Cockysville, MD](#)

[Oct 22-24 Fall Foliage Weekend - Hanover/Gettysburg, PA](#)

[Oct 23 - Between the Waters Bike Tour - Onancock, VA](#)