

# Tailwind Express

April/ May, 2013



[www.annapolisbicycleclub.org](http://www.annapolisbicycleclub.org)

## Alan is Back

Hi ABC gang

I took the Fat Tire Jersey you gave me, for my first ride after 5 months out of saddle. Only managed 10 miles today, i'm not used to freezing anymore. Good news just a bit of stiffness in my back from reaching for my water bottle, otherwise I felt great

Look forward to getting some warmer weather and joining up for a ride soon! The jersey is so appropriate to the fat tire I need to lose around my waist, see you soon

Best,  
Alan



## Third Thursday Social Gatherings

The next Third Thursday Social Gathering will be at **Lures Bar & Grill**, 1397 Generals Highway, March 21 at 6:30 PM cleverly designed to take advantage of their 4 to 7 PM happy hour. You may want to come a bit earlier.

Subsequent Third Thursday Socials will be at a new venue each month.

April 18 at **Stan & Joes** 37 West St.

May 16 at **Cadillac Ranch** 1906 Towne Centr.

Check the Web site for the next location. The previous (and first ever) Third Thursday was held at Paul's Homewood Cafe. Susan Robinson produced the montage of photos shown on the next page proving that a good time was had by all.



**Warmer Weather is here and start time will be earlier.**

We are now on Daylight Savings Time and the ride start times will shift to 9:00 AM starting April 2 which is a Tuesday morning ride. The Weekend rides will start at 9:00 AM the first weekend in April.



*Illustration 1: Third Thursday Social at Paul's Homewood*

## Out of area Rides coming up.

April 12 Covered Bridge Metric Century, Lancaster Co.

April 16 TSR Talbot, Start St. Michaels 50, 25, & 10 mile routes

April 20 Ocean to Bay Start Bethany Beach. 50, 30, 12 mile routes.

April 27 End Hunger in Calvert Co. 63, 48, 35 & 16 mile routes.

April 28 Draw for sight Bike Poker Ride. 60 or 36 mile routes.

May 4 6 Pillars Century Blackwater Tour, 100 & 64 mile routes.

These are only a sample of the rides listed on the ABC website. Check there for more details including cost. ABC riders will be participating in all of these.

## Firefighter 50 Ride

Date: July 28, 2013 5:52:23 AM EST

Several of you have ridden the corn roast route and like it a lot. This is another ride in the same area and it sounds like a lot of fun. There are 30 and 50 mile loops so you can ride 50-80-110 miles. The food and prizes sound good. Best part for me: "views of the mountains" which means that you see them from a DISTANCE and you don't have to climb them. But seriously, let's consider getting a group together for this ride.

-----  
I really feel your riders will enjoy the Firefighter 50. We have selected some great routes with low traffic roads and great views of the mountains. The ladies of the Fire Company serve a great all you can eat lunch and we pride ourselves on our rest stops. The rest stop should be even better this year with Honey Stinger and Hammer Products providing support. We have over \$2000 worth of cycling door prizes to give out, great prizes such as pro level floor pumps, Park Tools, wireless computers etc.

## Side Trips off the Tuesday / Thursday loop.

The morning rides on Tuesday and Thursday which start from the County Park on Crownsville Road have a number of possible variations adding hills and changes in scenery. Depending on the number of riders we sometimes split into a more hills and fewer hills groups. Sometimes we just alter the route a little for a change of scenery. John Richardson is the usual ride leader and coordinator. He takes the groups preferences to adjust the route. There are a few consistent factors. Fixing flats is usually a group effort with lots of shared advice, even occasionally actually useful advice plus shared supplies.



Illustration 2: Changing the tube

Illustration 3: Skateboard Park / Tuesday, Thursday Ride



## **Ride Safe from the Safety Officer**

- Ride single file when lanes narrow or traffic increases.
  - Never pass another cyclist or move left without checking traffic behind you.
  - Give verbal and hand signals to alert other riders to road hazards, e.g., pot holes, glass, gravel/sand, wet leaves, and railroad tracks. Cross tracks at 90-degree angle.
  - When a vehicle is approaching from behind, call out "car back" or "car up" to alert others of oncoming cars.
  - Call out "on your wheel" when drafting another cyclist.
  - Use hand signals and audible verbal warning when passing, slowing, stopping, or making a turn. Only pass other cyclists on their left.
  - When being passed, maintain a straight course.
  - Do not wear head phones
  - Ride with the flow of traffic, in a straight line, and as far to the right as is safe and practical.
  - Observe traffic laws. Stop at stop signs and obey traffic lights – pause at yield signs and unmarked intersections.
- 
- Follow rules of right-of-way, but never forget common sense – ride defensively and anticipate the actions of motorists.
  - Be aware of motor vehicle blind spots, especially at intersections.
  - Obey directions given by the Ride Leader.
  - A Ride Leader may direct a rider to leave a club ride if in the opinion of the Ride Leader a rider poses a safety threat to themselves or other club riders.

## **ABC Officers**

**Co-President: Jim Black**

**Vice President: Jim Van Horn**

[abc\\_pres@annapolisbicycleclub.org](mailto:abc_pres@annapolisbicycleclub.org)

**Treasurer: James Edison**

[treasurer@annapolisbicycleclub.org](mailto:treasurer@annapolisbicycleclub.org)

**Web Master: Jim Black, Joe Hutchins**

**Tailwind Editor: Mark Hanna**

**Tailwind Co-Editor: David Bleil**

[editor@annapolisbicycleclub.org](mailto:editor@annapolisbicycleclub.org)

