Tailwind Express October, 2014

The club with a place for every pace.

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October Activities

Tour du Port

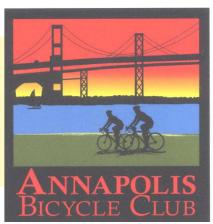
Several ABC Riders took part in the Tour du Port in Baltimore (AKA tour de potholes) on Sunday Sept. 28. In addition to the ride there was an Exposition where the ABC set up an exhibit table and handed out membership information including promoting the Lifeline100. Among the visitors to the table was a couple who stopped by to thank Jim Van Horn and his group for their help in fighting off a dog attack while they were riding near BWI. Michelle Bourdelais and David Bleil represented the ABC while enjoying a warm day with a spectacular view of the harbor and tall ships on parade.

Waiting for the riders to finish and visit the Expo at the end of the Tour du Port.



Wednesday evening Tour du Patapsco.

The last Wednesday Night Ride was to held on Friday the 17th due to severe storms Wednesday night. It was rescheduled again for Wednesday Oct. participation in the weekly ride has more 22. It rained all day. So far Jim Van Horn has not



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admitted to doing anything to tick off the weatherman. The popular evening rides will resume again when day length increases in the Spring enough to allow the ride to finish before dark.

Thanks to Jim Van Horn's leadership the than tripled this year.

Century rides.

Congratulations to our first time Century riders Kim Maxwell who rode the Lifeline100 pre-ride and John Wilson on the completion of his first century ride at the Seagull Century!

inspite of the increase in registration fees. This century ride was also in September which gave the competators in the *Century a Month contest* options. However logistical issues prevented any Club members from riding the Northern Neck River Ride Century in October and the Club's sponsorship of the Lifeline 100 meant that some of us who could have ridden that century were instead working at rest stops

on the routes.

St. Mary's Century
To Benefit The Semiper Fi Fund
Drayden, MD - September 13, 2014

The Century Ride Challenge seems to have sparked a lot of interest even in those riders who do not plan to do one century each month. Five ABC riders completed the St. Mary's Century in mid September.

The **Sea Gull Century** starting in Salisbury, MD attracted many riders from ABC

Seagull Century Salisbury, MD - September 27, 2014



Susan Robinson lead a century ride on Saturday the 18th of October and there is another tentatively scheduled for 26th in the vicinity of St. Michaels following the Bike Doctor Century

route which should be the last chance to complete a century this month.

Recent Rides and other activities.

The Lifeline100 pre-ride on September 20 was led by Jim Van Horn from the Evergreen School near his house to check out the route and give the members who had volunteered to work rest stops or other support functions of the Lifeline100 a chance to actually experience the route. Len



Composite views of the Pre-Lifeline-100 provided by Susan Robinson. She has more!











Jones set the mood for the morning by having two flats on the B & A trail. A few riders with time constraints branched off the route to find their own way back to the school. The ride was followed by a barbeque at Jim's house for those who completed the course. Because the ride was a few miles short Kim Maxwell continued on until she had finished the full 100 miles.

East Coast Greenway tour

One week each year the East Coast Greenway Alliance brings cyclists along a portion of the developing route from the Canadian border with Maine to Key West, FL. This year the tour came through Maryland en-route from

A few of the 47 riders on the East Coast Greenway pause to greet the ABC riders and AA County Police bike officers near Linthicum on the Light Rail Trail. They also were showing off their jerseys.



Philadelphia, PA to Fredericksburg, VA. On Wednesday October 8 forty seven riders made their way from Baltimore to Annapolis. They were met and escorted by several ABC riders and the A.A County police bike unit. A welcoming ceremony, coordinated by BikeAAA was held Wednesday evening in Annapolis. The Thursday morning ride group encountered some of them heading out the next day along our usual route.

Talbot Interfaith Shelter Fall Foliage Tour

Seven ABC riders took part in the Fall Foliage Tour, most riding the metric century route in Talbot County. The ride is a fund raiser for the Talbot Interfaith Shelter and the organization turned out an abundance of volunteers to staff rest stops and provide food at the end of the ride. This



year the route was all secondary roads in rural Talbot with every rest stop located along the water. A full century option was available complete with the infamous Eastern Shore winds.

The Lifeline–100, Anne Arundel County's first organized Biking event was a rousing success. The event had over 515 registered riders, well beyond their goal of 300. The participants were about evenly split between the 56 mile route and the 100 mile route. The Annapolis Bicycle Club's support made it an outstanding event for

everyone — the riders, fellow volunteers, the non-profit ride beneficiaries and our community! We also had more than 30 sponsors who provided financial and in-kind support. The response from the returning cyclists was 99% superlatives and 1% suggestions to be even better.



A few riders changed their mind when it turned out to be colder and windier then expected and took either a direct route back to the start at Kinder Farm Park or switched to the 50 mile route. ABC was a sponsor of the tour and club members turned out in force to staff the rest stops and encourage the riders along the way. The

best, most popular rest stop.

The **ABC** pirates of Galesville seem to be in the lead at press time having the advantage of a sponsoring restaurant.

County Police and Cadets were out encouraging the safety of the ride. With that A well stocker Pirates Cove rest stop thanks to sponsor the Pirates Cove restaurant next door..

many riders on the public roads it was a pleasant surprise that there was only one accident reported. Rest stop teams engaged in a friendly competition over who had the





The volunteers at the Truman Parkway rest stop (above) furiously spreading peanut butter, the day's prized food.

Peanut butter was also in high demand at the Crofton Park rest stop (below)





The 56 and the 100 mile route rejoined at the intersection of the BWI Airport loop and the B & A trail.



The Thomas Dixon Park Rest stop provided both 56 and 100 mile riders with potatoes and Old Bay seasoning, giving riders a spicy boost on the last leg of the ride.

L.J. Reiter along with her 3 children and a friend at Kinder Farm Park on Sunday, October 19, 2014 during Lifeline 100. LJ's children volunteered at Kinder Farm Park for service hours and had a terrific time!



Third Thursday Get Together, the monthly social event where we get to meet the non riding members of the family and to see if we can recognize each other without helmets. The photos of the October

Third Thursday Get Together, held at the Killarny House in Davidsonville provided by Susan Robinson, Club Photographer.

Our last Third Thursday Get Together of the year will be held at Pirates Cove Restaurant & Oyster Bar in Galesville on Thursday November 20th. Susan has arranged for us to have reserved space in the lounge from 6–9 PM with happy hour pricing in effect until 9 PM!

TTGT - October 16, 2014 Killarney House - Davidsonville



Pirates Cove Restaurant was a sponsor of the Galesville Park Rest Stop for the Lifeline 100 ride. They were so impressed by our rest stop volunteers and riders that they invited us to return for the TTGT!

Big ride next month,
FestiVELO in Santee,
South Carolina,
November 5 through
November 10. The
Whitten Inn is the
central location and
social center of the rides
featuring a daily choice
of distances, food and
SAG support. Several
ABC riders have already
registered. Contact
Jim Van Horn for
details.

